



-FROM THE HORSE'S MOUTH-



The Official Newsletter of the Kentucky 4-H Horse Program

WHAT'S INSIDE

- Cover Highlight - 1
- Upcoming Events - 2
- Horse Treat Recipe - 4
- Educational Article - 5

Horse Science

The Kentucky 4-H Horse Program has partnered with Teach Kentucky Ag to teach their new Horse Science curriculum! These are educational, fun hands-on lessons that not only teach about horses, but also foster positive youth development. If you are a teacher/educator and would like to host us in your classroom or after school program, please contact Mary Jane Little.



Kentucky Agriculture & Environment in the Classroom, Inc.

Lessons Include:

- Design/construct a horse shelter
- Horse colors/camouflage
- Feeding racehorses & students
- Horse vision
- It's in the water: KY karst/limestone/calcium
- Career profiles/videos



College of Agriculture,
Food and Environment

Equine Programs

Upcoming Events

Like & Follow us on Facebook to stay up-to-date on upcoming events!

Shows/Trail Rides/Clinics - We do not endorse any event mentioned below; this list is for informational purposes only and is based off of word-of-mouth. This is not a complete list of every fun show/trail ride/clinic within the state of Kentucky. *Please contact us if you have an upcoming event you would like featured in our newsletter!*

- Young Guns Obstacle Course Fun Days - 2/20, 3/13 - KY Cowtown Arena, Williamstown, KY \$20 pre-registration price or \$35 at the door. Call Joyce Voet at 859-630-4566
- Fuzzy Horse Trail Obstacle Tournament - 2/19 - Wilmore, KY - Click [HERE](#) for more info
- Endurance 101 Clinic - 3/18-3/20 - Mammoth Cave Horse Camp - Click [HERE](#) for more info
- Jackpot Barrel Race Series - 2/24, 3/31 - KY Cowtown Arena, Williamstown KY - Click [HERE](#) for more info
- AQHA/KYQHA Special Event Poles & Barrels - 2/25-27 & 3/25-27 - Richmond KY Click [HERE](#) for more info
- UK Pastures Please! - 2/21 - Fayette Co. Extension Office, Lexington KY Click [HERE](#) for more info
- 41st Annual KY Alfalfa & Stored Forage Conference - 2/24 - Bowling Green KY Click [HERE](#) for more info
- UK Ag Equine Programs Photo Contest - Click [HERE](#) for more info
- "Feeding Your Horse" Clinic - 3/1 - Rockcastle Co - Click [HERE](#) for more info

Save The Dates!

State Horse Judging Contest: June 1, 2022

State Horse Contest: June 2-3, 2022

Kentucky State Fair 4-H Horse Show: July 2-7, 2022

Horse Science 101 Virtual 4-H Project Group

The meetings are recorded and will be sent to the listserv & reach out to Mary Jane to get on the list if you are not already on it!

Reminder: If you plan to participate in this group you must complete a 4-H enrollment form through your local Extension Office.

Meeting Dates: All times are EST.

February 21st 6 PM: Kristen Wilson - UK Equine Programs

March 21st 6 PM: Jessica Kenealy - Parasitology

April 18th 6 PM: Dr. Stephanie Bell - Equine Ophthalmology

T Shirt Design Contest



Calling all artists! We need your help to design the 2022 KY State Fair 4-H Horse Show shirt! Please submit all entries to maryjane.little@uky.edu by 5/1/22

- Send an exact design - the design will be digitized exactly as submitted.
- Use one or 2 colors in design - we will have to choose a shirt color that will contrast with the design to make it visible



A Treat For My Sweet Recipe

Molasses "Pop Tart" Cookie

Ingredients:

- 3 Cups Flour
- 1 Cup Powdered Sugar
- Splash of Water (or apple juice!)
- 1.5 Tsp. Cinnamon
- 2 Cups Molasses
- Toppings (optional): shredded/grated carrot, apple slivers, crushed peppermint, sprinkles, etc

Directions:

1. Preheat oven to 325 degrees F
2. Line cookie sheet with tin foil
3. Mix flour and cinnamon together. Then add molasses and mix until dough consistency
4. Roll out dough on a clean, floured surface
5. Cut the dough into rectangles-a pizza cutter works great! Then press edges with a fork
6. Bake 15 minutes
7. While baking, make icing by combining the powdered sugar with a splash of water (or apple juice!) until you get desired consistency.
8. Drizzle/dip/frost after cookies are fully cooled. While icing is still wet, you can add toppings! Shredded carrot, thinly sliced apples, sprinkles, crushed up peppermints, or anything else your BFF loves!



Educational Article

Click the article below to redirect you to an article on: *Winter Can Mean Poor Footing for Horses*



Winter Can Mean Poor Footing for Horses

Mud in horse turnouts can create topsoil erosion, increase soil compaction, and cause slip-and-fall injuries to horses.

 The Horse / Jan 14

Connect With Us!

Like us on Facebook & Visit our website: Click below to find the Kentucky 4-H Horse Program Page & Website:

Facebook



Website

<https://afs.ca.uky.edu/4h-youth/horse>

Give us a call at 859-257-7501



Email Dr. Fernanda Camargo at fernanda.camargo@uky.edu
Email Mary Jane Little at maryjane.little@uky.edu